

# MARCH 2024

Breakfast & Lunch Free for all Students

Beaver Brook & Woodsdale Elementary

Questions? [jeanconnon@abingtonps.org](mailto:jeanconnon@abingtonps.org)

Menu Subject to change based on unforeseen product shortages and delivery delays.

Monday

Tuesday

Wednesday

Thursday

Friday

**NOTE:** Carbohydrate counts are based on

information obtained from manufacturers and your food provider's recipes and may vary due to product substitution and/or recipe variations. This information serves only as a general guideline and should not be solely relied upon for those with a medical condition.

4

## Pizza Crunchers 41g

Whole Grain Breaded Mozzarella Cheese with  
Pizza Sauce on the inside  
with Warm Marinara 10g for dipping.  
Potato Puffs 19g  
Sweet Peach Cup 19g  
Ice Cold Milk

5

## Crispy Chicken Sandwich 45g

Crunchy Veggie Sticks 9g  
Amazing Chocolatey Chic Pea Dip 15g  
Apple Slices 16g  
Ice Cold Milk

6

## Meatball Sub Marinara 43g

Green Beans 4g  
Orange Smiles 19g  
Ice Cold Milk

7

## Orange Chicken 40g

Breaded Chicken  
tossed in Zesty Orange Sauce  
served with Rice 20g & Roasted Broccoli 5g  
Dried Cranberries 22g  
Ice Cold Milk

1

## Cheese Pizza Bagel 38g

Roasted Carrots 6g  
Fruit of the Day 22g  
Ice Cold Milk

8

## Personal Pan Pizza 33g

Caesar Salad 10g  
with Garbanzo Croutons  
Fruit of the Day 22g  
Ice Cold Milk

11

## Hot Dog in a Bun 26g

served with Cucumber Wheels 6g  
Baked Beans 20g  
Applesauce Cup 14g  
Ice Cold Milk

12

## Soft Taco 20g

Taco with Seasoned Beef, Shred-  
ded Cheese, Lettuce 1g & Salsa 16g  
served with Rice & Beans 30g  
Chilled Pears 16g  
Ice Cold Milk

13

## Toasted Cheese Sandwich 31g

served with Cucumber Wheels 6g  
Crunchy Fresh Apple 22g  
Ice Cold Milk

14

"Deconstructed"

## Popcorn Chicken Bowl 54g

Creamy Mashed Potatoes & Gravy  
Golden Corn  
Dried Cranberries 22g  
Ice Cold Milk

15

## The Max Pizza 38g

Caesar Salad 10g  
with Garbanzo Croutons  
Fruit of the Day 22g  
Ice Cold Milk

18

## Wild Mike's Cheesy Bites 28g

Soft Crust Mozzarella filled Pillows  
with warm Marinara 10g for dipping.  
Roasted Squash Medley 6g  
Fresh Mandarin Orange 19g  
Ice Cold Milk

19

Early Release

## Pancakes 37g with Syrup 20g

Turkey Bacon 0g  
Sweet Potato Fries 19g  
Applesauce Cup 14g  
Ice Cold Milk

20

## Pasta with Meat Sauce 51g

served with Fresh Green Beans 4g  
Apple Slices 16g  
Ice Cold Milk

21

## Orange Chicken 40g

Breaded Chicken  
tossed in Zesty Orange Sauce  
served with Rice 20g & Roasted Broccoli 5g  
Dried Cranberries 22g  
Ice Cold Milk

22

## Stuffed Crust Pizza 38g

Caesar Salad 10g  
with Garbanzo Croutons  
Fruit of the Day 22g  
Ice Cold Milk

25

## Cheeseburger 28g

Lays Fun Chips 9g  
Cucumber Wheels 6g  
Fresh Mandarin Orange 19g  
Ice Cold Milk

26

## Taco Triangles

served with Garden Salad 3g  
Ranch Dressing 1g  
Fresh Melon 7g  
Ice Cold Milk

27

## Meatball Sub Marinara 43g

Green Beans 4g  
Crunchy Fresh Apple 22g  
Ice Cold Milk

28

"Deconstructed"

## Popcorn Chicken Bowl 54g

Creamy Mashed Potatoes & Gravy  
Golden Corn  
Dried Cranberries 22g  
Ice Cold Milk

29

## Cheese Pizza Bagel 38g

Roasted Carrots 6g  
Fruit of the Day 22g  
Ice Cold Milk

### ALTERNATE CHOICES

**School Made Cheese Pizza Lunch** 32g (offered Monday thru Thursday) includes pizza, milk, and fruit & vegetable of the day. See calendar day above for fruit and vegetable served with pizza lunch.

**Cereal Fun Lunch** (Mon. & Thur. Lucky Charms 23g - Wed. Frosted Flakes 25g - Tues. & Friday Cinnamon Toast Crunch 22g) GF Cheerios 21g also available.

\*LACTAID & SOY MILK AVAILABLE\*

Cereal Fun Lunch includes Cereal, Milk- White 13g Choc. 20g, Yogurt 19g, Veggie Juice 13g & Fruit of the Day! See calendar day above for fruit served with cereal lunch.

CONTAINS PORK